



INSTRUCTION AFTER PULLING OUT A TOOTH

Wound

Do not touch the wound and for 24 hours after the procedure chew on the opposite side. For a few days after the procedure avoid hot beverages and hot, spicy or hard food.

Swelling

A few hours after the procedure there can be a minor swelling on Your face, which is normal. To avoid it, put ice or cold bandages on the skin above the operated area for the first 12 hours. Wrap the ice in cloth and do not hold it for more than 10-15 minutes. Repeat if necessary.

Rinsing

During the first 24 hours do not rinse Your mouth. After 24 hours, if there is no bleeding, You can rinse Your mouth with sage or chamomile tea or a diluted chlorhexidine mouthwash.

Oral cavity hygiene

It is necessary to maintain good oral cavity hygiene (brushing Your teeth twice a day and flossing) and to follow the instructions Your dentist gave You.

Bleeding

Minimal bleeding can be expected two to three days after the procedure. In case of large and extended bleeding, You should see Your dentist. You can put a piece of sterile gauze over the wound, gently bite down on it and hold it for about 30 minutes. You can repeat the procedure.

Pain

In case of pain, You can take a painkiller (Caffetin, Plivadon, Voltaren rapid). Do not take Andol or Aspirin.

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